

Holy Trinity

Roman Catholic Parish

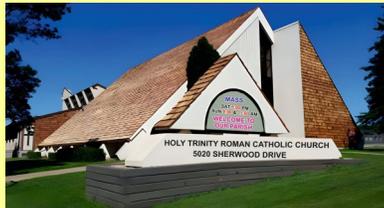
MARCH 15, 2026

FOURTH SUNDAY OF LENT

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.



If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.com

Coming Up at Holy Trinity Weekday Rosary 25 minutes before Mass

- | | |
|----------------------|---|
| Sat. Mar 14 | 5 pm Mass: † Jackie Wanner |
| Sat. Mar 14 | 6:15 pm Baptism Seminar |
| Sun. Mar 15 | 9 am Mass: Ints. Joanne Mazenc & family
Children's Liturgy—Anne Marie |
| Sun. Mar 15 | 10 am to 1 pm Pancake Breakfast |
| Sun. Mar 15 | 11 am Mass: † Ruth Morrison |
| Tues. Mar 17 | 9:30 am Bible Study |
| Tues. Mar 17 | 1:30 pm Forever in Motion |
| Tues. Mar 17 | 7 pm Mass: † Norma Cabaña |
| Tues. Mar 17 | 7:30 pm Bible Study |
| Wed. Mar 18 | 8:30 am Mass: † Norma Cabaña |
| Wed. Mar 18 | 1 pm Garage Sale Meeting |
| Wed. Mar 18 | 7 pm Lenten Reconciliation |
| Thurs. Mar 19 | 8:30 am Mass: † Norma Cabaña |
| Thurs. Mar 19 | 7 pm PPC Meeting |
| Fri. Mar 20 | 8:30 am Mass: † Mike Chopty |
| Fri. Mar 20 | 7 pm Way of the Cross led by Confirmation Class |

5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.com

We pray for the following:

Debbie Bulych, Jeanette Ranalli, Doreen Fesser, David Russell, Al Kosteniuk, Jessie Torres, Troy Kocur, Gerry Turgeon, Eleanor Sydorko, Martin & Gisele Croteau, Hugo Rodriguez Martinez, George Deneve, Sujith Noronha and MaryAnn Young.

We pray for the Repose of the Souls of our beloved ones, including Norma Cabaña, Ruth Morrison, Gary Gilbert, Claudia Young, Rick Woytowich, Betty Hood, Pamela Lang, Dylan Work, Colleen Lefebvre, Fritz Mittermayr, Marie-Ange Gregoire, Phong Le, Gwen Gibney, Barry Barton, Fred Amos, Marion Reles, Dolores Ilaio, Joseph Keen and Grace Randall.

Regular Donations March 1 to 8: \$ 9,492
Average expenses: \$21,661 monthly

Sacramental Preparation

Baptism Preparation

For parents of infants, young children and expectant parents. Please contact the office to register for next session in April. Next Baptism preparation seminar on April 11 at 6:15 pm & Baptism on Sunday, April 19 at 12:15 pm.

[Registration form on website.](#)

Holy Week Schedule

- March 18 (Wed) — 7 pm Lenten Reconciliation
- March 28 — 5 pm Mass Palm Sunday
- March 29 — 9 and 11 am Palm Sunday Mass
- April 2 — 7 pm Holy Thursday Mass; Blessed Sacrament Adoration until 9:30 pm
- April 3 — 3 pm Good Friday; Celebration of the Passion of the Lord
- April 4 — 12:30 pm Blessing of Easter Foods
- April 4 — 8 pm Easter Vigil Mass
- April 5 — 10 am Easter Sunday

Mass Times:
Saturday: 5 pm
Sunday: 9 am & 11 am
 Monday— No Mass
 Tuesday—7 pm Mass
 Wednesday, Thursday & Friday Masses—8:30am Mass
 First Friday Eucharistic Adoration after 8:30 am Mass.

For the comfort and safety of others, please do not wear fragrance to church.



Use this link or on our website home page.

Use your credit card for occasional or regular giving..

Donations to Holy Trinity—thank you for your support! It would be most helpful to our Collection Counters if you would write your donation amount on the envelope you use.

Ways to Donate:

If you wish to donate on-line, [Canada Helps](#) has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues tax receipts so Holy Trinity also benefits by not needing additional staff time.

Email transfers directly to Holy Trinity: htrinity@sasktel.net

If you wish to have Holy Trinity donation envelopes, contact the office.



Holy Trinity has a mail slot to the right of the front door for after-hours donations (including for Appeal).

Catholic Women’s League at Holy Trinity

General meetings: 2nd Monday of the month (Sept. to May)

Next Executive Meeting: April 6 at 1 pm

Next General Meeting: April 13 at 6:30 pm



CWL Scholarships: Please see the CWL bulletin board for scholarship information and application deadlines.
 Campion College - deadline March 15 - can be applied online.
 CWL Provincial Social Justice Award - deadline of April 30th.
 Holy Trinity CWL Award - deadline of June 30th. Scholarship available to a child or grandchild of a CWL member.



Holy Trinity Knights of Columbus

General meetings: 2nd Tuesday of the month.
 Next meeting April 14 at 7:30 pm.

Pancake Breakfast Sunday: Join us for a delicious breakfast on Sun, March 15 from 10 am to 1 pm. Enjoy pancakes, eggs, sausage, ham, syrup, whipped topping, strawberries, coffee, and juice.



Cost: Adults – \$10 | Children – \$5

Hosted by the Knights of Columbus. Everyone is welcome!



Cleaning?? Old but usable suitcases, coolers and duffel bags needed to ship medical and school supplies as well as clothes to refugee camps & orphanages around the world. If you have any useable duffel bags or suitcases (large size acceptable) to donate, Please contact Lois at 306-543-3934.

Special Collection: March 22 – The Development & Peace collection is happening in Catholic parishes across Canada to actively support communities in the Global South. Your donations help build schools, provide clean water, and create opportunities for justice and hope—please give generously to make a difference!

Holy Trinity Annual General Meeting

SATURDAY March 21 at 1:00 pm, doors open 12:30 pm
 Financial and Parish Council Reports and the agenda are available on the website and in printed format in the gathering area.

Please plan to attend to support your parish.
 Refreshments will be provided.



Mark your calendars - garage sale info meeting to be held on Wed, March 18 at 1 pm in meeting room. Actual garage sale booked for Friday, April 24 and Saturday, April 25. Please plan to sign up and help with this important fundraiser. More details of garage sale at a later date.

Flowers for Easter—The Easter celebration is enhanced by colourful flowers and white lilies. Financial donations to the purchase of these flowers are welcomed and can be placed in the envelopes in the Gathering Area. Contributions may be made *'In Memory of'* and a list of these names will be posted in our Easter bulletin.



Sign-up sheets are available in the Gathering Area for liturgical ministers for Holy Week and for parishioners who wish to participate in the Holy Thursday Washing of the feet.



DID YOU KNOW? Holy Trinity Parish has an AED (Automated External Defibrillator) located in the northside entrance at the top of the stairs. Several of our parishioners are trained in how to use it, however in an emergency call 911.

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link: <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

[Archdiocese of Regina Bulletin \(March 15\) Link](#)



Archdiocese of Regina Masses
On-Line

<https://archregina.sk.ca/live>

Links at www.youtube.com/ArchdioceseRegina

THINKING FAITH Podcast S03 | E18| How Do I Know It's God? Catholic Discernment, Consolation, and Desolation Explained In this episode of Thinking Faith, Deacon Eric Gurash and Dr. Brett Salkeld respond to a thoughtful question from Grade 9–10 students at Miller High School: How can I know when God is talking to me?

Drawing on the spiritual wisdom of St. Ignatius of Loyola, the conversation explores Christian discernment through self-awareness, honesty, and paying attention to the movements of the heart over time. They explain the difference between spiritual consolation and desolation, clarifying that these are not simply good or bad feelings, but experiences related to freedom, clarity, hope, and closeness to God. <https://bit.ly/TFArchdioceseRegina>

The **Archdiocesan Social Justice Commission** is inviting you to join them on a Saturday afternoon for *Lenten Scripture Reflection and Sharing*. They are coming to Holy Child Parish in Regina on Sat, Mar 21 from 11:00-2:30.

Lent is a time for Christians to realign ourselves with Christ's teaching. We do this by reading scripture, praying, fasting, and almsgiving. Attend Saturday afternoon to do all of the above. This afternoon promises to be a time of personal and group prayer and reflection focusing on Christ's teachings on Justice, Charity, and Love. There will be lots of learning and laughs, and the hope is that those gathered will leave renewed in their faith and have a deeper sense of God's justice, our call to do charity, and to think critically about how we love our neighbours.

There will be lunch served, and a silver dollar collection will be donated to Development and Peace – Caritas Canada. You are encouraged to register; details are in the bulletin. If you don't register, come anyway!

Trunk Sale: St. Cecilia Church, 5020 7th Avenue, Parking Lot on Sat, May 30, 10 am to 3 pm. Looking to sell your treasures? Instead of organizing a garage sale, rent a parking spot with us. Book a space to sell from your vehicle.

\$25 early bird by March 23. After March 23, it is \$30. Book by April 30. Limited spaces available. Bring a table or rent one for \$10 (limited numbers).

To book, email the Church at contact@stcecregina.com or call 306-545-4051.

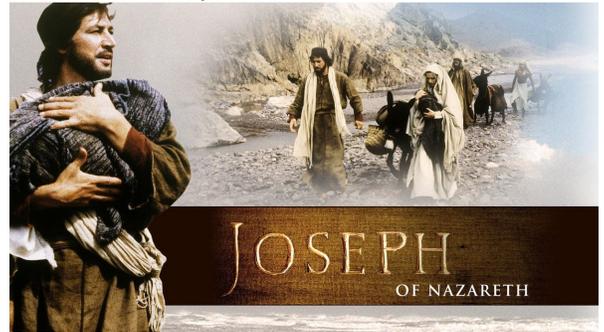
For more information, call Marc 306-535-2277 or Dianna 306-545-1125.

The **Regina Symphony Orchestra** invites you to experience the Passion story brought to life through one of the most powerful sacred works ever written. Join us for this special Lenten presentation of Bach's St. John Passion and prepare your heart for Holy Week through music that has inspired generations of believers. Bach's St. John Passion on Sat, March 28, 7:30 pm at Holy Rosary Cathedral. Featuring: Gordon Gerrard, conductor; Caitlin Wood, soprano; Marion Newman, mezzo-soprano; Asitha Tennekoon, tenor; Stephen Hegedus, bass-baritone and Ignite Chamber Choir, under the direction of Dorianna Holowachuk Tickets available at www.reginasymphony.com

Getting married? Want a weekend away to focus on your relationship?

Catholic Engaged Encounter has been providing meaningful, retreat format marriage preparation for 50 years in 30 countries and 200 dioceses around the world. Weekends are at Briercrest in Caron port, June 19 - 21 For more info or to register visit cecanada.ca/regina "A Wedding is a Day, a Marriage is a Lifetime".

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Joseph of Nazareth: The Story of the Man Closest to Christ

Celebrate the feast of Christ's foster father with even more joy and respect this year by watching a movie about him! Enter into the life of this great saint through the movie Joseph of Nazareth!

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Scan the QR code to download the Formed app to your phone.



An offering from the AUGUSTINE INSTITUTE

CWL Diocesan Convention to be held **Saturday, April 18th** at St. Gerard Parish, Yorkton, SK. Please see CWL bulletin board for registration information and note there are also t-shirts available this year. Deadline for registrations is Monday, March 30th.

Chrism Mass: Everyone is invited to join in this year's Chrism Mass. It will be held on Friday, March 27 at 2:00 pm at Holy Rosary Cathedral. This Mass will also be livestreamed to our YouTube Channel at: youtube.com/ArchdioceseRegina

Walking With One Another: Faith and Mental Health: Saturday, March 28 from 9 a.m. – 12 p.m. at Resurrection Parish - 3155 Windsor Park Rd, (use back entrance). Sponsored by the Resurrection CWL.

Open to everyone and Free will offering

What do we say when someone we love is struggling? How do we support others without trying to "fix" them? And how do we care for our own hearts along the way? Join Deacon Eric and Melissa Gurash of Emmaus Mental Health Ministries for a practical, faith-filled morning focused on tools for conversation, accompaniment, stress management & self-care. Through prayer, reflection, and discussion, participants will gain confidence in reaching out with compassion and learn where to turn for support and resources. Pre-registration is encouraged. Contact Marg Engel at 306-789-9311 or resurrectioncwl@gmail.com

Walking Together- a program of Catholic Engaged Encounter designed to support MARRIED COUPLES in their vocation of marriage through accompaniment. Each evening has a topic presentation, time for the couple to reflect and share together, and sharing with the group.

Drop-in sessions, no registration required. Saturdays at 7:30 pm at Holy Rosary in the O'Neill room (use the west ramp entrance) Upcoming dates: Apr.11, May 9, June 6. For more information contact Miri or James Schiller at wd1@cecanada.ca or 306-535-7518.

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 Jerry Fitzgerald 306-519-1405

Pasqua Hospital Chaplain
 Arnel Daliva 306-519-1380

Wascana Rehab Centre Chaplain
 Carey Dziaduck 306-530-6511



You are invited to join our parish council.
 Do more than you could by yourself.
 Contact Holy Trinity office (306) 543-3838.

Catholic Women's League
 We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

Lakewood Manor Housing Co-operative

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Archdiocese of Regina Weekly Report
 The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

Holy Trinity Parish

Holy Week and Easter Celebrations 2026

Celebrant: Father Gaspar Lucas

Holy Thursday – Mass of the Lord’s Supper April 02 7pm

- Incense will be used
- Washing of the Feet
- Special Collection: The Pope’s Pastoral Works
- Please exit the church in silence.
- Adoration 8:30-9:30pm
 - On the hour and ½ hour: 10 mins prayers & singing; 10 mins silence; 10 mins prayers & singing
- Music: Funke

Good Friday – Celebration of the Passion of the Lord April 03 3pm

(please enter the church in silence)

- Food collection bins and boxes will be in the Gathering Area to accept your food donations for the Regina Food Bank.
- Special Collection: Needs of the Church in the Holy Land
- Donations can be placed in the containers at the front of the church after venerating the cross.
- **Reminder: Good Friday is a universal day of fasting and abstinence from meat****
- Music: Grace & Celine Holloway

Easter Food Basket Blessing Saturday April 04 12:30pm

- bring your basket of Easter foods to the church for a blessing by Father Gaspar

Holy Saturday - Easter Vigil Resurrection of the Lord April 04 8:00pm

- *Parishioners have the option to go outside for the lighting of the Fire*
- Incense will be used at this Mass
- Candles will be used during the Mass and can be picked up on your way into the church and returned at the end to containers in the Gathering Area
 - (Battery operated tea lights are available for small children)
- Bottles of Holy Water are available to take home after Mass
- Music: Wlodarczyk and Grace

Easter Sunday – Resurrection of the Lord April 05 10am

- Candles will be used during the Mass for the Renewal of Baptismal Promises and can be picked up on your way into the church and returned at the end to containers in the Gathering Area
 - (battery operated tea lights are available for small children)
- Bottles of Holy Water are available to take home after Mass
- Music: Wlodarczyk