

Holy Trinity

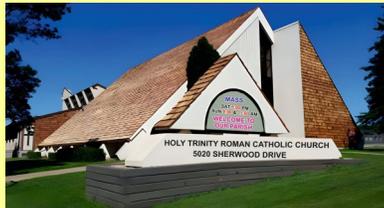
Roman Catholic Parish

JANUARY 25, 2026
3RD SUNDAY IN ORDINARY TIME

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.



If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.com

Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Coming Up at Holy Trinity

 Weekday Rosary 25 minutes before Mass

- Sat. Jan 24 9:30 am Ecumenism workshop led by Dr. Jeremy Bergen
- Sat. Jan 24 5 pm Mass: † Janet Cameron
Gift Bearing Family: Nieva
- Sun. Jan 25 9 am Mass: † Janet Cameron
Children's Liturgy—Kathleen
Gift Bearing Family: Smetaniuk
- Sun. Jan 25 11 am Mass: † Janet Cameron
Children's Liturgy—Angela
Gift Bearing Family: Golfo
Sacraments Prep Class
- Sun. Jan 25 5 pm Vietnamese Mass
- Tues. Jan 27 1:30 pm Forever in Motion
- Tues. Jan 27 7 pm Mass
- Wed. Jan 28 8:30 am Mass
- Thurs. Jan 29 8:30 am Mass
- Fri. Jan 30 8:30 am Mass

5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.com

Parish priest

Rev. Gaspar Lucas 306-536-8203

Support Staff

Office Coordinator

Minnu Joy: 306-543-3838

Custodian: Dominic Dias

Office Hours Mon. to Fri.—9 am to 3 pm
Closed stat holidays.

At Holy Trinity, a number of parishioners are sensitive to strong odours. For the comfort and safety of others, please do not wear fragrance to church.

We pray for the following:

Doreen Fesser, David Russell, Al Kosteniuk, Jessie Torres, Troy Kocur, Gerry Turgeon, Eleanor Sydorko, Martin & Gisele Croteau, Hugo Rodriguez Martinez, George Deneve, Sujith Noronha and MaryAnn Young.

We pray for the Repose of the Souls of our

beloved ones, including Betty Hood, Pamela Lang, Dylan Work, Colleen Lefebvre, Fritz Mittermayr, Marie-Ange Gregoire, Phong Le, Gwen Gibney, Barry Barton, Fred Amos, Marion Reles, Dolores Ilao, Joseph Keen and Grace Randall.

Regular Donations January 1 to 18: \$19,450
Average expenses: \$21,661 monthly

Sacramental Preparation

Baptism Preparation

For parents of infants, young children and expectant parents. Please contact the office to register for next session in February. Next Baptism preparation seminar on February 14 at 6:15 pm & Baptism on Sunday, February 22 at 12:15 pm. [Registration form on website.](#)

2025 Donation Tax Receipts are available in the Gathering Area and arranged in alphabetical order by last name.

Mass Times:**Saturday: 5 pm****Sunday: 9 am & 11 am**

Monday— No Mass

Tuesday—7 pm Mass

Wednesday, Thursday & Friday Masses—8:30am Mass

First Friday Eucharistic Adoration after 8:30 am Mass.

For the comfort and safety of others, please do not wear fragrance to church.

Ash Wednesday – Feb. 18: Ashes are made from the burning of blessed palms from previous years. Please bring your old palms and place them in the marked basket in the Gathering Area.

Special Collection—February 1 for Needs of the Canadian Church. This annual initiative is an important opportunity for the faithful to actively support and assist the Bishops in their ministry of accompanying, teaching, guiding, sanctifying, and caring for the Church in Canada.

Give through your parish or [Donate online through Canada Helps](#) (select Needs of the Canadian Church—February)

Green Ribbon Campaign. Regina Pro-Life is sponsoring the Green Ribbon Campaign to remember our preborn brothers and sisters, who were denied life. On January 28, 1988, the Supreme Court of Canada issued the Morgentaler decision, which struck down abortion as part of the criminal code. Since then, there have been no laws to regulate abortion in Canada through all 9 months of pregnancy and there have been more than 4 million abortions in Canada.

Pick up a green ribbon/bookmark in the Welcoming Area. You are encouraged to wear the ribbon until January 28, but you can certainly wear it longer. The bookmark includes a prayer for the end to abortion that you are asked to pray daily.

Each year in early December, **Sacred Heart School** holds a Christmas Gift Shopping Day for the students. They are in need of any gift bags, wrapping paper, and tissue paper. As you unwrap your parcels this year, please consider saving any of these items that you might otherwise throw away. You can place them in the marked donation box located in the gathering area of the church. Thank you!

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!



Use [this link](#) or on our website home page.

Use your credit card for occasional or regular giving..

Donations to Holy Trinity—thank you for your support!

It would be most helpful to our Collection Counters if you would write your donation amount on the envelope you use.

Ways to Donate:

If you wish to donate on-line, [Canada Helps](#) has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues tax receipts so Holy Trinity also benefits by not needing additional staff time.

Email transfers directly to Holy Trinity: htrinity@sasktel.net

If you wish to have Holy Trinity donation envelopes, contact the office.



Holy Trinity has a mail slot to the right of the front door for after-hours donations (including for Appeal).

Catholic Women's League at Holy Trinity

General meetings: 2nd Monday of the month (Sept. to May).

Next Executive Meeting: February 2 at 1:30 pm

General Meeting: February 11 at 10:30 am Soup/Bun Lunch

Funeral Baking needed—Wrap well and mark as Funeral Baking with the date and pass to a CWL Executive member or place in kitchenette fridge freezer (main floor).

**Holy Trinity Knights of Columbus**

General meetings: 2nd Tuesday of the month.

Next meeting February 10 at 7:30 pm.

2026 Spiritual Adoption program will be starting in early February. This program gives us a chance to pray for the unborn. Watch for more information in future bulletins.



We have a **Lenten Mission** coming up called '*Rediscover Lent*' with Kevin Philip from Boats on Fire Catholic Ministries on Sat, February 21 at 9 AM. More details coming soon.



Cleaning?? Old but usable suitcases, coolers and duffel bags needed to ship medical and school supplies as well as clothes to refugee camps & orphanages around the world. If you have any useable duffel bags or suitcases (large size acceptable) to donate, Please contact Lois at 306-543-3934.

Archdiocese of Regina Bulletin (January 25) Link



Archdiocese of Regina Masses
On-Line

<https://archregina.sk.ca/live>

Links at www.youtube.com/ArchdioceseRegina

NET Retreat: All youth in grades 6 to 12 are invited to a NET Retreat on Saturday, February 14th at Holy Family Parish from 10 am to 3 pm! A pizza lunch is included. Go to <https://holyfamilyregina.com/pages/2026-net-retreat> to register. Contact Kara Philip at youth@holyfamilyregina.com for more information.

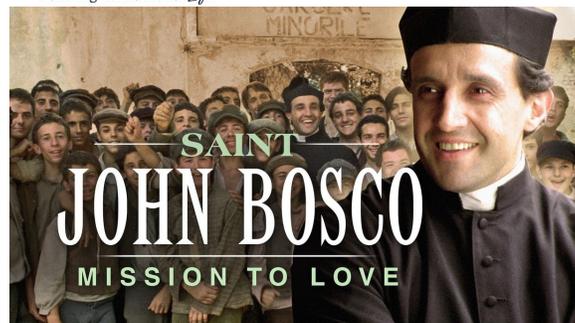
Please join the **Archdiocesan Social Justice Commission** for an afternoon **Lenten Scripture Reflection and Sharing** on Sat, Mar 21, from 11 to 2:30 pm. This will be a time for inspiration: to reflect on scripture, to listen to the Holy Spirit, and to renew our Christian faith through action. The Social Justice Commission will guide those gathered, which we hope is you, to deepen our sense of God's justice, our call to do charity, and to think critically about how we love our neighbours. "By this, all people will know that you are my disciples if you have love for one another." John 13:35 We will have a small lunch (soup & sandwiches). A silver dollar collection will be held to raise funds for a donation to Development and Peace – Caritas Canada. Love is our call, and justice is love in action! Use the link to meet our Commission members: https://youtu.be/GnM9_3xwqJA. To register, please scan the QR code found on the poster in church (bulletin board).

Holy Family CWL & K of C will be co-hosting the **Holy Family Gala: "Music under the Prairie Sky"** on Saturday, February 28 at Holy Family's Parish Hall. It will feature a delicious Roast Beef supper, provided by Charlotte's Catering, musical entertainment by Rhonda Gallant-Morari (Saskatchewan singer/songwriter) www.rhondagallant-morari.com along with a great line up of Silent Auction items up for bid! Mark your calendars, more details to follow, ticket sales to begin February 7/8 by calling 306-924-0992. Proceeds to Raise the Roof and charitable projects of Holy Family K of C and CWL.

Getting married? Want a weekend away to focus on your relationship? Catholic Engaged Encounter has been providing meaningful, retreat format marriage preparation for 50 years in 30 countries and 200 dioceses around the world. Weekends are at Briercrest in Caron port, January 30 - Feb. 1 and June 19 - 21 For more info or to register visit ceecanada.ca/regina "A Wedding is a Day, a Marriage is a Lifetime".

Regina Food Bank collection barrel at Holy Trinity. Food insecurity has surged in Regina with the need doubling since covid started. Holy Trinity's barrel is in the Gathering Area by the elevator. Regina Food Bank's most needed items are: Canned Stews, one-litre Juices, Powdered Milk, Pork & Beans, Peanut Butter, Canned Meat & Fish, Pasta Products, Soup, Baby Food, Enfalac & Similac.

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An offering from the AUGUSTINE INSTITUTE

Family retreat: With the Myriam Family! All Saints; the 2nd concupiscence and its antidote on February 7th at our beautiful site in the peace of the countryside near McLean, 45 km East from Regina. The retreat will include family morning prayer in front of the Blessed Sacrament, talks, Mass, skits, games, crafts, joy! To register, please call Sr. Stephanie at 306-536-2721 or email pss.prairies@famillemyriam.org

École St. Mary is now accepting Kindergarten registrations for the 2026-2027 school year. If you have a child turning 5 by December 31, 2026 and you are interested in French Immersion, please visit our website to register at <https://stmary.rcsd.ca>

Santa Maria Foundation Fundraising Dinner :Tuesday, January 27, from 5:00–8:00 PM at Fired Up Grill (2014 Park St.). Adult menu options include feta stuffed chicken, pork cutlets, fish & chips, liver & onions, or chicken cordon bleu; children's options include pizza, cheeseburger, grilled cheese & fries, fish & chips, spaghetti & meat sauce, or baked lasagna. Tickets are \$30 for adults and \$15 for children under 12, with all proceeds supporting Santa Maria residents. Tickets may be purchased by e-transfer to SMF@saskhealthauthority.ca (include email/phone), in person at Santa Maria (4215 Regina Ave), or from SMF Board Members.

Walking Together- a program of Catholic Engaged Encounter designed to support MARRIED COUPLES in their vocation of marriage through accompaniment. Each evening has a topic presentation, time for the couple to reflect and share together, and sharing with the group.

Drop-in sessions, no registration required. Saturdays at 7:30 pm at Holy Rosary in the O'Neill room (use the west ramp entrance) Upcoming dates: Feb. 7, Mar.7, Apr.11, May 9, June 6. For more information contact Miri or James Schiller at wd1@ceecanada.ca or 306-535-7518.

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 Jerry Fitzgerald 306-519-1405

General Hospital Chaplain
 Jennifer Holtslander 306-519-1380

Wascana Rehab Centre Chaplain
 Joan Rink 306-530-6511

KNIGHTS OF COLUMBUS

You are invited to join our parish council.
 Do more than you could by yourself.
 Contact Holy Trinity office (306) 543-3838.

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Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

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Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.