

# Holy Trinity

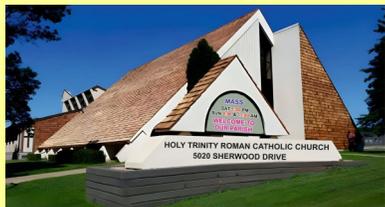
## Roman Catholic Parish

JANUARY 11, 2026  
BAPTISM OF THE LORD

*Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen.*

### Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.



If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, [www.holytrinityregina.com](http://www.holytrinityregina.com)

**Reconciliation:** By prior arrangement and when possible  
45 min. before weekend Masses  
30 min. before weekday Masses

**Weddings & Funerals:** Contact Fr. Gaspar

### Coming Up at Holy Trinity Weekday Rosary 25 minutes before Mass

- Sat. Jan 10** 5 pm Mass: † Jaime Tabal  
Sat. Jan 10 6:15 pm Baptism Seminar
- Sun. Jan 11** 9 am Mass: † Ellen Sacoco  
† Jaime Tabal  
Children's Liturgy—Emily
- Sun. Jan 11 10 am to 1 pm Pancake Breakfast
- Sun. Jan 11** 11 am Mass: Thanksgiving to God—John & Sharin family  
† Jaime Tabal  
Gift Bearing Family: Punzalan  
Sacraments Prep Class
- Sun. Jan 11** 5 pm Vietnamese Mass
- Tues. Jan 13 1:30 pm Forever in Motion
- Tues. Jan 13** 7 pm Mass
- Tues. Jan 13 7:30 pm K of C Meeting
- Wed. Jan 14** 8:30 am Mass
- Thurs. Jan 15** 8:30 am Mass
- Thurs. Jan 15 10 am St. Josaphat school Mass
- Thurs. Jan 15 7 pm Parish Pastoral Council Meeting
- Fri. Jan 16** 8:30 am Mass

5020 Sherwood Drive  
Regina, SK S4R 4C2  
Phone: 306-543-3838  
Email: [htrinity@sasktel.net](mailto:htrinity@sasktel.net)  
Website: [holytrinityregina.com](http://holytrinityregina.com)

#### Parish priest

Rev. Gaspar Lucas 306-536-8203

#### Support Staff

##### **Office Coordinator**

Minnu Joy: 306-543-3838

**Custodian:** Dominic Dias

**Office Hours** Mon. to Fri.—9 am to 3 pm  
Closed stat holidays.

At Holy Trinity, a number of parishioners are sensitive to strong odours. For the comfort and safety of others, please do not wear fragrance to church.

#### We pray for the following:

Doreen Fesser, David Russell, Al Kosteniuk, Jessie Torres, Troy Kocur, Gerry Turgeon, Eleanor Sydorko, Martin & Gisele Croteau, Hugo Rodriguez Martinez, George Deneve, Sujith Noronha and MaryAnn Young.

**We pray for the Repose of the Souls of our beloved ones**, including Pamela Lang, Dylan Work, Colleen Lefebvre, Fritz Mittermayr, Marie-Ange Gregoire, Phong Le, Gwen Gibney, Barry Barton, Fred Amos, Marion Reles, Dolores Ilao, Joseph Keen and Grace Randall.

Regular Donations January 1 to 4: \$7,052  
Average expenses: \$21,661 monthly

## Sacramental Preparation

### Baptism Preparation

For parents of infants, young children and expectant parents. Please contact the office to register for next session in January. Next Baptism preparation seminar on February 14 at 6:15 pm & Baptism on Sunday, February 22 at 12:15 pm.

[Registration form on website.](#)

**Mass Times:**

**Saturday: 5 pm**  
**Sunday: 9 am & 11 am**  
 Monday— No Mass  
 Tuesday—7 pm Mass  
 Wednesday, Thursday & Friday Masses—8:30am Mass  
 First Friday Eucharistic Adoration after 8:30 am Mass.

For the comfort and safety of others, please do not wear fragrance to church.

2026 Donation Envelopes available in the Gathering Area. Note you have a new envelope number for this year, Please use 2026 envelopes for donations.

2025 donations—receipts will be issued in February.

**Feast of the Baptism of the Lord**

This weekend, the Church celebrates the Feast of the Baptism of Our Lord, which brings the Christmas season to a close. Through this feast, we see the humility of Jesus, who enters the waters of the Jordan not because He needs repentance, but to stand with humanity and to fulfill all righteousness. As He is baptized, the Father's voice proclaims His love, and the Holy Spirit descends—revealing God's presence among us.

This feast is a powerful reminder for all of us of our own baptism. Each of us is deeply loved by God and chosen for a purpose. No matter our age, we are called to live as children of God—showing compassion, choosing what is right, and being a light to others. Let this celebration renew our hearts, strengthen our faith, and inspire us to live each day knowing that we belong to God and are never alone.

Each year in early December, **Sacred Heart School** holds a Christmas Gift Shopping Day for the students. They are in need of gift bags, wrapping paper, and tissue paper. As you unwrap your parcels this year, please consider saving any of these items that you might otherwise throw away. You can place them in the marked donation box located in the gathering area of the church. Thank you!

**Communion to Shut-ins & Hospitalized:** If you, or someone in your family would like communion brought to a care home or own home in our parish, Please contact the Holy Trinity office (306) 543-3838.

**Holy Trinity Parish on Facebook**—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!



Use this link or on our website home page.

Use your credit card for occasional or regular giving..

**Donations to Holy Trinity**—thank you for your support! It would be most helpful to our Collection Counters if you would write your donation amount on the envelope you use.

**Ways to Donate:**

If you wish to donate on-line, Canada Helps has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues tax receipts so Holy Trinity also benefits by not needing additional staff time.

Email transfers directly to Holy Trinity: [htrinity@sasktel.net](mailto:htrinity@sasktel.net)

If you wish to have Holy Trinity donation envelopes, contact the office.



Holy Trinity has a mail slot to the right of the front door for after-hours donations (including for Appeal).

**Catholic Women's League at Holy Trinity**

General meetings: 2nd Monday of the month (Sept. to May).

Next Executive Meeting: February 2 at 1:30 pm

General Meeting: February 11 at 10:30 am Soup/Bun Lunch



**Funeral Baking needed**—Wrap well and mark as Funeral Baking with the date and pass to a CWL Executive member or place in kitchenette fridge freezer (main floor).

**Holy Trinity Knights of Columbus**

General meetings: 2nd Tuesday of the month.

Next meeting January 13 at 7:30 pm.

**Pancake Breakfast Sunday:** Join us for a delicious breakfast on Sun, January 11 from 10 am to 1 pm. Enjoy pancakes, eggs, sausage, ham, syrup, whipped topping, strawberries, coffee, and juice.



**Cost:** Adults – \$10 | Children – \$5

Hosted by the Knights of Columbus. Everyone is welcome!



**Cleaning?? Old but usable suitcases and duffel bags needed** to ship medical and school supplies as well as clothes to refugee camps & orphanages around the world. If you have any useable duffel bags or suitcases (large size acceptable) to donate, Please contact Lois at 306-543-3934.

### Archdiocese of Regina Bulletin (January 11) Link



Archdiocese of Regina Masses  
On-Line

<https://archregina.sk.ca/live>

Links at [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina)

A training session for facilitators of synodal "Conversation in the Spirit".

Led by members of the Archdiocesan Synod Team, this 90-minute training session will equip you to lead synod discussions in your parishes, prayer groups, CWL, K of C, or anywhere you gather to prayerfully discern the Spirit's call to the church. Wed., January 14 at 7 pm - register at: [bit.ly/Synod-facilitator-training-Jan-14](http://bit.ly/Synod-facilitator-training-Jan-14) Sat., January 17 at 10 am - register at: [bit.ly/Synod-facilitator-training-Jan-17](http://bit.ly/Synod-facilitator-training-Jan-17) Choose either one of these sessions.

Please register in advance to receive the Zoom link. Contact Lisa Polk, [lpolk@archregina.sk.ca](mailto:lpolk@archregina.sk.ca), for further details.

Please join the **Archdiocesan Reverence for Life Commission** for coffee, a simple supper, and conversation on Tuesday, Jan 20<sup>th</sup> at 5:30 pm at St. Anne's Parish in Regina. We will end at 7:00 with Mass if you can stay.

The Reverence for Life Commission is inviting you so that we can hear from you about what is happening in your pro-life networks and communities (CWL, Social Justice groups, etc.) and everyday lives. This will be a time to share the work, successes, challenges, and hopes that we have for the pro-life movement. There will also be a chance to hear about what the Archdiocesan Reverence for Life Commission has been up to over the last 11 years. This gathering will help the commission learn where we can best put our efforts to come alongside what you are already doing in your communities. For more information or if you have questions, please contact Tashia Toupin at [ttoupin@archregina.sk.ca](mailto:ttoupin@archregina.sk.ca).

**Getting married?** Want a weekend away to focus on your relationship? Catholic Engaged Encounter has been providing meaningful, retreat format marriage preparation for 50 years in 30 countries and 200 dioceses around the world. Weekends are at Briercrest in Caron port, January 30 - Feb. 1 and June 19 - 21 For more info or to register visit [cecanada.ca/regina](http://cecanada.ca/regina) "A Wedding is a Day, a Marriage is a Lifetime".

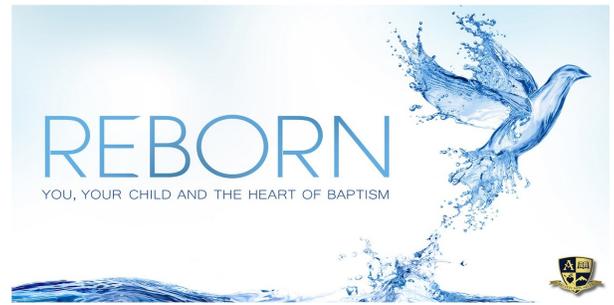
**Bring eyeglass donations to Holy Trinity** (plastic drawers in Gathering Area). Cases for glasses **not** needed. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.



**Regina Food Bank** collection barrel at Holy Trinity. Food insecurity has surged in Regina with the need doubling since covid started.

Holy Trinity's barrel is in the Gathering Area by the elevator. Regina Food Bank's most needed items are: Canned Stews, one-litre Juices, Powdered Milk, Pork & Beans, Peanut Butter, Canned Meat & Fish, Pasta Products, Soup, Baby Food, Enfalac & Similac.

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### Reborn | Trailer

Reborn explores the deeply personal power of Baptism, bringing to light the spiritual reality for parents and godparents and, most importantly, the child being baptized. Rendered with a cinematic beauty that's become the hallmark of the Augustine Institute's film productions, Reborn presents the foundation of the Church's teaching on Baptism, with a step-by-step explanation of the rite itself, including its profound place in Scripture.

Our parish has a Formed subscription.  
Visit [formed.org/signup](http://formed.org/signup) and select our parish.  
Scan the QR code to download the Formed app to your phone.



An offering from the AUGUSTINE INSTITUTE

**Youth retreat** (13-17 years old): *Come, fill me with the power of your Gifts!* Friday, January 16, from 5 pm to Saturday, January 17, 2 pm at the Myriam Family house of prayer in McLean, SK. Suggested donation \$40/ person To register, call Sr. Stephanie: 306-761-0528 or email: [pss.prairies@famillemymriam.org](mailto:pss.prairies@famillemymriam.org)

The Myriam Family of the Prairies invites you for a day **retreat for adults** on January 24<sup>th</sup>, 2026 from 9:30 – 4 pm. With the theme:

*Live your life in the Holy Spirit*, discovering the Seven Gifts in action in my life. The retreat will include Mass, Confessions, Holy hour, a talk, lunch and fellowship, in the beauty of nature and the silence of the countryside at our house of prayer in McLean, SK, 45 km East of Regina. Please register by phoning at 306-761-0528 or email: [pss.prairies@famillemymriam.org](mailto:pss.prairies@famillemymriam.org)

**Santa Maria Foundation Fundraising Dinner** :Tuesday, January 27, from 5:00–8:00 PM at Fired Up Grill (2014 Park St.). Adult menu options include feta stuffed chicken, pork cutlets, fish & chips, liver & onions, or chicken cordon bleu; children's options include pizza, cheeseburger, grilled cheese & fries, fish & chips, spaghetti & meat sauce, or baked lasagna. Tickets are \$30 for adults and \$15 for children under 12, with all proceeds supporting Santa Maria residents. Tickets may be purchased by e-transfer to [SMF@saskhealthauthority.ca](mailto:SMF@saskhealthauthority.ca) (include email/phone), in person at Santa Maria (4215 Regina Ave), or from SMF Board Members.

**Walking Together**- a program of Catholic Engaged Encounter designed to support MARRIED COUPLES in their vocation of marriage through accompaniment. Each evening has a topic presentation, time for the couple to reflect and share together, and sharing with the group.

Drop-in sessions, no registration required. Saturdays at 7:30 pm at Holy Rosary in the O'Neill room (use the west ramp entrance) Upcoming dates: Jan. 10, Feb. 7, Mar.7, Apr.11, May 9, June 6. For more information contact Miri or James Schiller at [wd1@cecanada.ca](mailto:wd1@cecanada.ca) or 306-535-7518.

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### Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

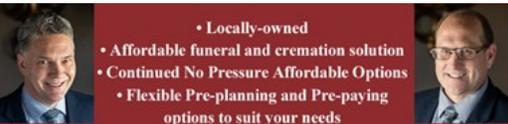
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The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.



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