

Holy Trinity

Roman Catholic Parish

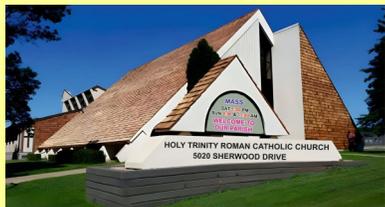
MARCH 1, 2026

SECOND SUNDAY OF LENT

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.*

Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.



If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.com

Reconciliation: By prior arrangement and when possible
45 min. before weekend Masses
30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

5020 Sherwood Drive
Regina, SK S4R 4C2
Phone: 306-543-3838
Email: htrinity@sasktel.net
Website: holytrinityregina.com

Parish priest

Rev. Gaspar Lucas 306-536-8203

Support Staff

Office Coordinator

Minnu Joy: 306-543-3838

Custodian: Dominic Dias

Office Hours

Mon. to Fri.—9 am to 3 pm
Closed stat holidays.

At Holy Trinity, a number of parishioners are sensitive to strong odours. For the comfort and safety of others, please do not wear fragrance to church.

We pray for the following:

Jeanette Ranalli, Doreen Fesser, David Russell, Al Kosteniuk, Jessie Torres, Troy Kocur, Gerry Turgeon, Eleanor Sydorko, Martin & Gisele Croteau, Hugo Rodriguez Martinez, George Deneve, Sujith Noronha and MaryAnn Young.

We pray for the Repose of the Souls of our beloved ones,

including Ruth Morrison, Gary Gilbert, Claudia Young, Rick Woytowich, Betty Hood, Pamela Lang, Dylan Work, Colleen Lefebvre, Fritz Mittermayr, Marie-Ange Gregoire, Phong Le, Gwen Gibney, Barry Barton, Fred Amos, Marion Reles, Dolores Ilao, Joseph Keen and Grace Randall.

Regular Donations February 1 to 22: 18,635
Average expenses: \$21,661 monthly

Coming Up at Holy Trinity

Weekday Rosary 25 minutes before Mass

Sat. Feb 28	5 pm Mass: Ints. Lois & Joe Stadnyk Ints. Toni Joy Tholl
Sun. Mar 1	9 am Mass: Ints. Rene Bedier
Sun. Mar 1	11 am Mass: † Ruth Morrison Gift Bearing Family: Fairbairn Children's Liturgy—Angela Sacramental Prep Class
Mon. Mar 2	1 pm CWL Executive Meeting
Tues. Mar 3	9:30 am Bible Study
Tues. Mar 3	1:30 pm Forever in Motion
Tues. Mar 3	7 pm Mass
Tues. Mar 3	7:30 pm Bible Study
Wed. Mar 4	8:30 am Mass: Ints. Nicolas & Denisse Bergen
Wed. Mar 4	1 pm Angels for Warmth Meeting
Thurs. Mar 5	8:30 am Mass
Fri. Mar 6	8:30 am Mass: † Ernie Krammer Followed by Eucharistic Adoration
Fri. Mar 6	7 pm Way of the Cross led by Liturgy

Sacramental Preparation

Baptism Preparation

For parents of infants, young children and expectant parents. Please contact the office to register for next session in March. Next Baptism preparation seminar on March 14 at 6:15 pm & Baptism on Sunday, March 22 at 12:15 pm.

[Registration form on website.](#)

2025 Donation Tax Receipts are available in the Gathering Area and arranged in alphabetical order by last name.

Mass Times:
Saturday: 5 pm
Sunday: 9 am & 11 am
 Monday— No Mass
 Tuesday—7 pm Mass
 Wednesday, Thursday & Friday Masses—8:30am Mass
 First Friday Eucharistic Adoration after 8:30 am Mass.

For the comfort and safety of others, please do not wear fragrance to church.



A big THANK-YOU to everyone that came out in the cold to attend the Lenten Mission, **Rediscover Lent** on February 21. A big thank-you, also, to the CWL for providing the coffee and lunch for the event and for donating all proceeds back to the parish. Finally, thank-you, Father Gaspar, for being available to minister to us all throughout the day.

Faith Study: *The Sorrowful Mysteries of the Rosary*
 "The Rosary is a weapon for these times" ~St Padre Pio

It's not too late to join our Lenten Bible Study. Walk with Jesus through His Passion in this powerful, prayerful study filmed in the Holy Land. Sessions are held Tuesdays at 9:30 AM or 7:30 PM (following Mass) through March 24. There is no cost to participate. To register or for more information, email htrinityfaithformation@outlook.com.

Holy Trinity Annual General Meeting

SATURDAY March 21 at 1:00 pm, doors open 12:30 pm
 Financial and Parish Council Reports and the agenda will be published on the website and in printed format at least 1 week prior.

Please plan to attend to support your parish. Refreshments will be provided.

THANK-YOU to all parishioners who are participating in the 2026 **Spiritual Adoption** Program. Your prayers for the unborn are so needed and so valued. There is still room on the board for more Angel Baby cards and we would like to see the board filled. This program costs nothing but your prayers. To participate please pick up an Angel Baby card and information sheet in the Gathering Area. Print the name of the baby that you will be praying for on the card and deposit it in the red heart basket to be displayed on the board.



Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!



Use this link or on our website home page.

Use your credit card for occasional or regular giving..

Donations to Holy Trinity—thank you for your support! It would be most helpful to our Collection Counters if you would write your donation amount on the envelope you use.

Ways to Donate:

If you wish to donate on-line, [Canada Helps](#) has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues tax receipts so Holy Trinity also benefits by not needing additional staff time.

Email transfers directly to Holy Trinity: htrinity@sasktel.net

If you wish to have Holy Trinity donation envelopes, contact the office.



Holy Trinity has a mail slot to the right of the front door for after-hours donations (including for Appeal).

Catholic Women's League at Holy Trinity



General meetings: 2nd Monday of the month (Sept. to May).

Next Executive Meeting: March 2 at 1 pm

Next General Meeting: Monday, March 9th beginning with mass at 6:30 pm. You are welcome to join us for a presentation on Human Trafficking Awareness using red sand symbolizing the blood of Christ poured out for all.

CWL Scholarships: Please see the CWL bulletin board for scholarship information and application deadlines. Campion College - deadline March 15 - can be applied online. CWL Provincial Social Justice Award - deadline of April 30th. Holy Trinity CWL Award - deadline of June 30th. Scholarship available to a child or grandchild of a CWL member.



Holy Trinity Knights of Columbus

General meetings: 2nd Tuesday of the month.

Next meeting March 10 at 7:30 pm.

Pancake Breakfast Sunday: Join us for a delicious breakfast on Sun, March 15 from 10 am to 1 pm. Enjoy pancakes, eggs, sausage, ham, syrup, whipped topping, strawberries, coffee, and juice.



Cost: Adults – \$10 | Children – \$5

Hosted by the Knights of Columbus. Everyone is welcome!



Cleaning?? Old but usable suitcases, coolers and duffel bags needed to ship medical and school supplies as well as clothes to refugee camps & orphanages around the world. If you have any useable duffel bags or suitcases (large size acceptable) to donate, Please contact Lois at 306-543-3934.

Archdiocese of Regina Bulletin (March 1) Link



Archdiocese of Regina Masses
On-Line

<https://archregina.sk.ca/live>

Links at www.youtube.com/ArchdioceseRegina

THINKING FAITH Podcast S03 E17 | Eucharist, Adam and Eve, and Images of Jesus: Catholic Theology Explained

In this episode of Thinking Faith, Deacon Eric Gurash and Dr. Brett Salkeld explore key questions in Catholic theology and Scripture, beginning with Eucharistic theology, Eucharistic miracles, and why belief in the Real Presence does not depend on miracles alone. Drawing on questions from Grade 9 and 10 students at Miller High School in Regina, the conversation also includes Adam and Eve, and what these teachings reveal about the unity of the human family as well as a discussion on images of Jesus in art, examining historical accuracy, cultural expression, and how enculturated imagery helps communicate the Gospel across time and place. <https://bit.ly/TFArchdioceseReginaS03E17>

Please join the **Archdiocesan Social Justice Commission** for an afternoon **Lenten Scripture Reflection and Sharing** on Sat, Mar 21, from 11 to 2:30 pm. This will be a time for inspiration: to reflect on scripture, to listen to the Holy Spirit, and to renew our Christian faith through action. The Social Justice Commission will guide those gathered, which we hope is you, to deepen our sense of God's justice, our call to do charity, and to think critically about how we love our neighbours. "By this, all people will know that you are my disciples if you have love for one another." John 13:35 We will have a small lunch (soup & sandwiches). A silver dollar collection will be held to raise funds for a donation to Development and Peace – Caritas Canada. Love is our call, and justice is love in action! Use the link to meet our Commission members: https://youtu.be/GnM9_3xwqJA. To register, please scan the QR code found on the poster in church (bulletin board).

Chrism Mass: Everyone is invited to join in this year's Chrism Mass. It will be held on Friday, March 27 at 2:00 pm at Holy Rosary Cathedral. This Mass will also be livestreamed to our YouTube Channel at: youtube.com/ArchdioceseRegina

The **Regina Symphony Orchestra** invites you to experience the Passion story brought to life through one of the most powerful sacred works ever written. Join us for this special Lenten presentation of Bach's St. John Passion and prepare your heart for Holy Week through music that has inspired generations of believers. Bach's St. John Passion on Sat, March 28, 7:30 pm at Holy Rosary Cathedral. Featuring: Gordon Gerrard, conductor; Caitlin Wood, soprano; Marion Newman, mezzo-soprano; Asitha Tennekoon, tenor; Stephen Hegedus, bass-baritone and Ignite Chamber Choir, under the direction of Dorianna Holowachuk Tickets available at www.reginasymphony.com

Getting married? Want a weekend away to focus on your relationship? Catholic Engaged Encounter has been providing meaningful, retreat format marriage preparation for 50 years in 30 countries and 200 dioceses around the world. Weekends are at Briercrest in Caron port, June 19 - 21 For more info or to register visit ceecanada.ca/regina "A Wedding is a Day, a Marriage is a Lifetime".

formed™
Forming Catholics for Life.



The Total Gift: A Katharine Drexel Story | Trailer

Saint Katharine Drexel chose a life dedicated entirely to serving marginalized communities. Born into a wealthy Philadelphia family, Katharine Drexel used her fortune to challenge societal norms and dedicate her life to education and racial healing.

Our parish has a Formed subscription.
Visit formed.org/signup and select our parish.
Scan the QR code to download the Formed app to your phone.



An offering from the AUGUSTINE INSTITUTE

First Friday Adoration: The First Friday/First Saturday vigil in honor of the Sacred Heart of Jesus and the Immaculate Heart of Mary will be held March 6 and 7, at St. Mary's Church in Regina. Priests will be available for confession at 6:30 P.M., before Holy Mass, and after Mass. Mass will be held at 7:00 P.M., followed by the all-night vigil, ending with Holy Mass at 8:00 AM. on Saturday morning.

Youth retreat (13-17 years old) Come, fill me with the power of your Gifts! On Friday, March 6 from 5 pm to Saturday, March 7, 2 pm at the Myriam Family house of prayer in McLean SK
Suggested donation \$35/person. To register, call Sr. Stephanie: 306-761-0528 or email: pss.prairies@famillemyriam.org

The **World Day of Prayer 2026 Ecumenical Worship Service** will be held at the Heritage United Church at 1050N Arason St on Friday, March 6 at 7 PM. Everyone is welcome. This worship service has been written by Christian women of Nigeria. A collection is taken up for distribution for various needs of women around the world. Coffee and snacks will be served after the service.

École St. Mary is now accepting Kindergarten registrations for the 2026-2027 school year. If you have a child turning 5 by December 31, 2026 and you are interested in French Immersion, please visit our website to register at <https://stmary.rcsd.ca>

Walking Together- a program of Catholic Engaged Encounter designed to support MARRIED COUPLES in their vocation of marriage through accompaniment. Each evening has a topic presentation, time for the couple to reflect and share together, and sharing with the group.

Drop-in sessions, no registration required. Saturdays at 7:30 pm at Holy Rosary in the O'Neill room (use the west ramp entrance) Upcoming dates: Mar.7, Apr.11, May 9, June 6. For more information contact Miri or James Schiller at wd1@ceecanada.ca or 306-535-7518.

Norwest Place Housing Co-operative
6340 Engel Drive, Regina
Affordable, quality housing



Call our office: **306-543-5758**

- 2 bedroom units for 55 plus couples, semi-retired is fine
- walking distance to many amenities including 3 lake/parks, groceries, fitness facilities, library, dining, churches, pharmacies, medical offices
- committed to contributing to the operation of our housing co-operative
- recreational activities
- no smoking or pets



Fitting the toughest feet for over 65 years!

- ◆ Orthopaedic & Comfort Footwear
- ◆ Cdn. Cert. Pedorthist on staff
- ◆ Over the Counter Orthotics

Phone: **306-352-5106** 2712 - 13th Avenue
 Tues. - Sat. 10 - 5:30

Lakewood HAIR STUDIO



Complete Haircare and Esthetics Services

5520 Rochdale Blvd., Regina, Sask, S4X 4P1
 Phone : **775-1353**

Armstrong Painting Plus
 Home Renos
 Regina
 Saskatchewan, S4N 2V1

Charles
 Owner/Operator



C: 306-531-9777

GOT HAIL DAMAGE?
 COME SEE US FIRST!



TRI'S DENT CARE

- Painless Dent Repair Specialist -



- Hail Damage
- Minor Dents
- Door Dings



• Serving Regina Saskatchewan for over 22 years

SGM ACCREDITED

With the recent hail storm to hit Regina don't trust your car to just anyone!
 Trust **TRI'S DENT CARE!**
 With 22 years experience we will do it right the first time!

Locally owned and operated... we're here to take care of you!

1301 Winnipeg Street, Regina SK S4R 1K2
 (corner of Winnipeg St. & 7th Ave.)

SAVE UP TO
\$250
 WITH OUR
 GIFT CARD

306-565-1995

SAVE UP TO
\$250
 WITH OUR
 GIFT CARD

*See Details in Shop

*See Details in Shop

Spiritual Care in Hospital:

General Hospital Chaplain
 Jerry Fitzgerald 306-519-1405

Pasqua Hospital Chaplain
 Arnel Daliva 306-519-1380

Wascana Rehab Centre Chaplain
 Carey Dziaduck 306-530-6511



KNIGHTS OF COLUMBUS

You are invited to join our parish council.
 Do more than you could by yourself.
 Contact Holy Trinity office (306) 543-3838.

Catholic Women's League
 We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

Lakewood Manor Housing Co-operative

100 -1123 N Devonshire Drive, Regina
 Email: lkwoodmr@access.comm.ca
 Call: 306-924-0430

- * Independent living
- * 55+ Retired Couples
- * 2-Bedroom Unit



LoveStar Creations®

 Donna L. Toth
 Artist
 Divinely Inspired
 lovestar@sasktel.net

Almassy Metz
 Funeral & Cremation Services

• Locally-owned
 • Affordable funeral and cremation solution
 • Continued No Pressure Affordable Options
 • Flexible Pre-planning and Pre-paying options to suit your needs

Kevin Almassy Owner
 Brent Metz Owner

Call: 306-545-4455 www.AlmassyMetzfuneral.com
 1265 Scarth Street, Regina, Saskatchewan

Polished Nails & Spa
 EXPERIENCED PROFESSIONAL NAIL BEAUTY

MON - SAT : 9:00 AM - 7:00 PM
 SUN & HOLIDAYS : 11:00 AM - 5:00 PM

Normanview Mall
 322 McCarthy Blvd North
 Regina Sk S4R7M2
 306 7794444

Greenspace Woodworks

Susan & Randy Carnduff
 Cremation Urns, Chess sets, turned Bowls, Yarn Holders, Jewelry/Keepsake Boxes, Wall clocks, bespoke furniture and more. Use the QR code above to check out our ETSY online store. Contact us if you have a project in mind!
 306-537-4103 Greenspace.Woodworks@sasktel.net



L. Toledo Painting
 Proudly Professional Painting & Wall Coverings

Luis Toledo
 Ph: (306) 737-0512

- Interior • Exterior
- Residential • Commercial
- Insurance • Bonded
- Free Estimates
- Licence #7724313 -



Starlight HOT TUBS

Service & Repair
 Cell: (306) 530-6318 Regina

UCB CANADA **95.9 FM**

Positive, uplifting Christian radio in Regina

MARY KAY

Deborah Canevaro
 Independent Beauty Consultant
 306-543-5701

Donna Witt
 Independent Senior Sales Director
 306-543-7664



BRM TAX SERVICE
 306-949-3834
 baberuth@sasktel.net

- Personal Tax Returns
- Corporate Tax Returns
- Monthly Bookkeeping
- Payroll

Archdiocese of Regina Weekly Report
 The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

